Purchase

Koree Hygiene Device

- 1. Koree Kit A (1 shell, 1 case, 5 pads) £9.50
- 2. Koree Kit B (1 shell, 1 case, 5 pads and education booklet) £12.50

We also sell the shell, case and pads individually and can customize kits.

Menstrual Cycle Education

The "Harness Your Menstrual Cycle" breathing and stretching exercises book costs £7.50 and can be customised to suit different projects and audiences





Koree hygiene device has two parts:

- 1. Anti-leakage shell
- 2. Fluid absorption pad

Alongside Koree, we offer scientifically accurate, engaging educational material to increase the knowledge and understanding of how the menstrual cycle works.



www.kalitasha.com

Koree is on Twitter, Facebook and Instagram
UN House: 44/3 Frederick St, Edinburgh EH2 1EX

Koree@kalitasha.com / +44 7821591776 WWW.FIRSTPERIOD.ORG



THE HEALTH & SOCIAL ISSUE

Menstruation

Menstruation is an important aspect of human life and a critical biological, physical and social transition for girls. Yet, for many girls and women around the world menstruation is often accompanied by a loss of dignity due to lack of menstrual cycle knowledge and limited access to well-designed and e ffective menstrual hygiene products.

Our Solution

We have carefully designed the Koree hygiene device product and educational content to nurture young women through the transition of their first menstrual cycle.

Kalitasha **empathises** with, **designs** for and **nurtures** young women at the **start of their menstrual cycle.**



EDUCATIONAL MESSAGE

Meet Koree

Our menstrual cycle educational Message is based on Koree, who is a fictional girl that guides others through the experience of first menstruation.

www.firstperiod.org

growing up
the menstrual cycle
menstrual hygiene
harness your cycle



THE HYGIENE PRODUCT

Koree Shell

The ergonomic washable and Reusable Koree shell closely hugs the pubic contours, in order to accommodate a wide range of movements of the body.





Koree Pad

The washable and reusable Koree pad is slotted into the Koree shell in order to collect menstrual discharge.